Rainy Lake MEDICAL CENTER
In association with SMDC Health System

Tobacco Replacement/Cessation Preprinted Order Set

Original Date	04/2007	Revision Date		Withdrawn Date	

Purpose: To provide the hospitalized patient options for tobacco replacement and/or tobacco cessation products in order to be compliant with the tobacco-free campus hospital policy.

(Please complete check boxes for desired orders)

Nicotine replacement options:

Nicotine Patch

FOR PATIENTS WHO SMOKE MORE THAN 20 CIGARETTES/DAY (1 pack) and are ≤ 65 years old:

☐ Apply 21mg patch Q24H with nicotine gum supplementation 2mg Q2H prn.

FOR PATIENTS SMOKING BETWEEN 10 AND 20 (1/2 to 1 pack) CIGARETTES/DAY:

☐ Apply 14mg patch Q24H with nicotine gum supplementation 2mg Q1H prn.

FOR PATIENTS WHO SMOKE LESS THAN 10 (<1/2 pack) CIGARETTES/DAY:

☐ Apply 7mg patch Q24H with nicotine gum supplementation 2mg Q1H prn.

NOTE:
-If patient weighs less than 100lbs, has cardiovascular disease, or is over the age of 65, maximum dose is 14mg Q24H.

-If vivid dreams occur while using the nicotine patch, the patch may be removed prior to bedtime and a new patch applied in the morning

Nicotine Gum Only (may be kept at bedside)

☐ 2mg prn to control smoking urges. (Max dose = 30 pieces/24 hrs)

Literature:

☑ Provide literature on tobacco cessation (available in Exit Care)

_____ ____/____/____ _____:_____
Physician Signature Date Time

PATIENT STICKER