

Original Date	07/2007	Revision Date	01/2010	Withdrawn Date	
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ADMIT TO: Med/Surg Med/Surg w/Tele Observation Observation w/Tele

DIAGNOSIS: Diabetic Ketoacidosis
(BG >250mg/dL, Arterial pH < 7.3, Serum Bicarb <18mEq/L, + serum ketones)
 Other _____

ALLERGIES: NKDA Other _____

CONDITION: Good Fair Guarded

DIET: NPO (except for meds) Clear Liquids
 Other _____

ACTIVITY: Bed Rest with Commode Privileges
 Out of Bed with Assistance May Shower
 Other _____

IV'S: Initial infusion of 0.9% NS 1000ml/hr x 1 liter (Unless given in ER)
 After bolus start _____ with _____ mEq KCl @ _____ ml/hr
(Consider 0.45% NS if corrected serum sodium is > 136 mEq/L)
 D₅W 0.45% NS with _____ mEq KCl @ _____ ml/hr when serum
glucose <250mg/dL

Recommended potassium replacement

K+ (mEq/L)	to be with
≥ 5.5	Replacement indicated
4.5 – 5.4	q KCl per 1000ml IV fluids (max infusion rate 500ml/hr)
3.5 – 4.4	q KCl per 1000ml IV fluids (max infusion rate 250ml/hr)
<3.5	q KCl per 1000ml IV fluids (max infusion rate 250ml/hr) Insulin

VITALS Every 1 hour until stable then per routine
 Call Physician for a SBP >180 <80, HR >100 <50, RR >24 <8
 Oxygen via nasal cannula/mask prn chest pain.
 O₂ @ _____ via _____

MONITORING Accuchecks q1 hr once serum glucose is < 400mg/dL
Continue until insulin drip is discontinued
 Strict recording of ins and outs
 Daily weights
 Pulse oximetry

TESTING Full 12 lead EKG on admission (if not done in ER)
 Chest X-Ray (if not done in ER)
 Others _____

PATIENT STICKER

