Rainy Lake MEDICAL CENTER
In association with SMDC Health System

Adult Constipation Pre-Printed Order

Original Date	07/2002	Revision Date	11/2009	Withdrawn Date	

☐ Implement Adult Constipation Protocol

1. Docusate Sodium (Colace) 100mg po BID prn constipation. Proceed to step #2 if patient is taking stool softener at home prior to admission.

2. Ducusate Sodium w/Sennosides (Pericolace) 1-2 tablets po BID prn constipation.
   Use if no bowel movement within 24 hours of starting Docusate.

3. Magnesium hydroxide (Milk of Magnesia) 30ml po x 1 dose at bedtime prn constipation. Use if no bowel movement within 24 hours of Docusate Sodium w/Sennosides.

4. Bisacodyl (Dulcolax) suppository insert 1 suppository rectally x 1 dose prn constipation. Use if no bowel movement within 12 hours of giving milk of magnesia.

5. Sodium Phosphate (Fleet) enema x 1 dose prn constipation. Use if no bowel movement within 24 hours of giving bisacodyl suppository.

6. If patient is receiving chronic opioids and steps 1-5 have not been effective in treating constipation, contact MD regarding use of methylnaltrexone (Relistor) subq injection.

7. Other: _____

   _____

_____ ____/____/____ _____:_____
Physician Signature Date Time

PATIENT STICKER