

Original Date	04/2007	Revision Date	10/2009	Withdrawn Date	
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Purpose: To reduce withdrawal severity by reducing incidence of delirium and seizures.
(Please complete check boxes for desired orders) If a specific order does not apply, draw a single line through with your initials.

General Cares:

- Acetaminophen 325-650 mg PO Q 4 hours prn pain (max dose is 4000mg/24 hours)
(check liver function before ordering)
- Prenatal vitamin one tablet PO daily
- Maalox 15-30 ml q 2 H prn for indigestion
- Thiamine 100mg IM daily x 3 days

Withdrawal Prophylaxis:

- Start Chlordiazepoxide or Lorazepam orders only if patient exhibits withdrawal symptoms, see following designated orders.
- Chlordiazepoxide (Librium[®]) 50-100mg PO every 6 hours times 4 doses; then 50-100 mg every 8 hours times 3 doses; then 25-50 mg every 12 hours times 2 doses. Hold any dose for excess sedation.

OR

- Lorazepam (Ativan[®]) 2 mg PO or IV or IM every 6 hours times 4 doses; then 2 mg every 8 hours times 3 doses; then 1 mg every 6 hours times 4 doses. Hold any dose for excess sedation. (Use with severe liver disease i.e. total bilirubin > 2 mg, known cirrhosis or SGOT > 3 times normal or age > 60 years old.

Note: For patients who continue with elevated vital signs (systolic blood pressure > 160 with a heart rate > 100 beats per minute) and are asymptomatic of withdrawal symptoms consult with the practitioner to consider the use of Clonidine 0.1 mg orally.

Nicotine replacement therapy (if no contraindications, unstable angina or serous cardiac arrhythmias):

Note: If patient weighs less than 100 lbs, has cardiovascular disease, or is over the age of 65 the maximum dose is 14mg /24 hours. If vivid dreams occur while using the nicotine patch, the patch may be removed prior to bedtime and a new patch applied in the morning.

- Patient may keep gum at bedside
- Nicotine Patch 21mg/day Q 24 hours with nicotine gum supplementation 2 mg q2 hours prn for more than a 20 cigarettes/day (1 pack) smoker and is < 65 years old.
- Nicotine Patch 14 mg/day Q 24 hours with nicotine gum supplementation 2 mg q1 hour prn for between a 10 and 20 cigarettes/day (1/2 to 1 pack) smoker.
- Nicotine Patch 7 mg/day Q 24 hours with nicotine gum supplementation 2 mg q1 hour prn for less than a 10 cigarettes/day (< ½ pack) smoker.

Nicotine gum only:

- 2 mg prn not more than 30 pieces in 24 hours

Literature:

- Provide literature on alcohol cessation – available in Exit Care.
- Provide literature on tobacco cessation – available in Exit Care.

Physician Signature

____/____/____ :____
Date Time