Rainy Lake MEDICAL CENTER
In association with SMDC Health System

Acute Coronary Syndrome Admission Orders

Original Date	06/2007	Revision Date	07/2009	Withdrawn Date	

ADMIT TO: □ Med/Surg □ Med/Surg with Tele □ Observation □ Observation with Tele

DIAGNOSIS: □ Non-STEMI □ Unstable Angina □ Chest Pain
□ Other _____

ALLERGIES: □ NKDA □ Other _____

CONDITION: □ Good □ Fair □ Guarded

DIET:
□ NPO (except for meds) □ Clear liquids □ Diabetic
□ Cardiac □ Other _____
□ Dietician consult per nutritional screen

ACTIVITY
□ Bed Rest □ with Commode Privileges
□ Out of Bed with Assistance □ May Shower
□ Other_____

IV'S
□ _____@ _____ml/hr
□ Saline Lock

VITALS
□ Every 1 hour until stable then per routine
□ Call Physician for a SBP >180 <80, HR >100 <50, RR >24 <8

OXYGEN
□ Oxygen via nasal cannula/mask prn chest pain.
Titrate and D/C if saturation > 94%. Restart prn dyspnea or chest pain.
□ O2 @ _____ via_____

MONITORING □ Strict recording of ins and outs
□ Daily weights
□ Pulse oximetry

TESTING
□ Full 12 lead EKG on admission (if not done in ER), repeat in 3 hours, and prn with chest pain, and QAM for 2 days.
□ Chest X-Ray (Portable) if not done in ER
□ Chest X-Ray (Portable) prn acute worsening of chest pain/dyspnea
□ Others_____

LABORATORIES On Admission if not done in ER
□ CBC with differentials
□ CMP
□ CK total, CK MB, Troponin Now and q 6 hours x 3 total
□ PT/INR □ PTT

PATIENT STICKER

Rainy Lake MEDICAL CENTER
In association with SMDC Health System

Acute Coronary Syndrome
Admission Orders

If indicated
□ BNP
□ Mg □ P04 □ Ca
□ Others:_____

In AM
□ CMP
□ Lipid Profile
□ CBC with differentials
□ PT/INR □ PTT

MEDICATIONS:

□ Aspirin 81 mg chewable 4 tablets NOW (unless given in ER)
□ Aspirin 325 mg EC PO QAM
□ Beta Blocker _____
If no beta blockers given today, give first dose NOW. (Hold for SBP less than 100 mmHG or pulse less than 60)
□ ACE inhibitor/ARB_____
□ Statin/Lipid Lowering Agent _____
□ Clopidogrel (Plavix) 300 mg PO now unless give in ER
□ Clopidogrel (Plavix) 75 mg PO daily
□ Nitroglycerin drip IV start at 5mcg/mn and titrate to pain free and SBP > 100 mmHG
□ Nitroglycerin 0.4 mg SL PRN chest pain may repeat times 3
□ See Anticoagulation Orders

Atrial Fibrillation- Rate Control Medications

□ Metoprolol (Lopressor) 5 mg IV q 5 min times 3, then 25 mg PO 1 hour after IV and continue q 6 hours X 48 hours then 50 mg PO BID
□ Metoprolol (Lopressor) 25 mg PO q 6 hours X 48 hours, then 50 mg PO BID
(Hold Metoprolol if SBP <100 mmHG or pulse < 60)
□ Other _____

PRN MEDICATIONS:

□ Morphine sulfate 2-4 mg IV every 1 hours prn pain
□ Acetaminophen (Tylenol) 650 mg PO q 4 H prn discomfort
□ Ondansetron (Zofran) 4 mg IV q 6 H prn nausea or vomiting
□ Lorazepam (Ativan) 0.5 mg IV or PO q 4 H prn anxiety
□ Maalox 15-30 ml PO prn GI distress
□ Milk of Magnesia 30 ml PO prn constipation
□ Zolpidem (Ambien) 5-10 mg PO q HS prn insomnia
□ Other _____
_____
_____

_____ ____/____/____ _____:_____
Physician Signature Date Time

PATIENT STICKER